

Guide to Information in
Physical Education and Recreation
Chicago State University Library
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Physical education is the part of a school curriculum that focuses on developing the body and promoting general fitness through physical activity. Recreation is any voluntary leisure-time activity that provides personal satisfaction and pleasure. (Shafritz, J. M., Koeppel, R. P., & Soper, E. W. (1988). *The Facts on File dictionary of education*. New York: Facts on File Publications. REF. LB15.5 S43 1988)

Introduction to the discipline:

Siedentop, D. (2001). *Introduction to physical education, fitness and sport* (4th ed.). Mountain View, CA: Mayfield Publishing Company. GV 341.S479 2001

Sessoms, H. D. (1994). *Introduction to leisure services* (7th ed.). State College, PA: Venture. GV 53.S43 1994

History of this subject area:

Welch, P. D. (1996). *History of American physical education and sport* (2nd ed.). Springfield, IL: C. C. Thomas. GV 429.W44 1996

Retrieve information resources classified by subject using the following call numbers in the Library of Congress Classification system used at Chicago State University:

GV 1 – 191.1991	Recreation and Leisure
GV 191.2 – 200	Outdoor life and Recreation
GV 201 – 555	Physical education and training
GV 557 – 558	Sports Sciences
GV 561 – 1198	Sports
GV 1199 – 1860	Games and Amusements

Other relevant materials are found in RA -- Health and Nutrition, RC – Sports medicine and Kinesiology, and RM – Therapeutic Recreation.

When searching for resources in a library that uses the Dewey Decimal Classification system, look in the 790 - 799 section.

Reference resources:

Terms and definitions:

Smith, Stephen L.J. (1990). *Dictionary of concepts in recreation and leisure studies*. New York: Greenwood Press. REF. GV 11.S57 1990

Explanations:

Oakes, E. H. (2005). *Encyclopedia of sports*. New York: Facts on File. REF. RC1206 .O355 2005

Levinson, D., & Christensen, K. (Eds.). (1999). *Encyclopedia of world sport*. New York: Oxford University Press. REF. GV567.E55 1999

Biographies:

Hemery, D. (1986). *The pursuit of sporting excellence: A study of sport's highest achievers*. Champaign, IL: Human Kinetics. GV 706.55H46 1986 .

Audiovisual Materials:

Meyer, B. (2001). *Videos of interest to physical educators that are available in the Douglas Library*. Paper copy available at the CSU Library Media Services service desk (LIB-120).

Serial resources:

Annual editions: Health. (1981-). Guilford, CT: Dushkin Pub. Group. RA773.A66

Online indexes (accessible from the Chicago State University Web page):

Discipline-based:

Health source: Consumer edition -- provides consumer health information on many health topics including the medical sciences, food sciences and nutrition, childcare, sports medicine and general health. It features searchable full text for nearly 300 journals. Updated on a daily basis.

Physical education index (1970 -) -- provides abstracts (no full-text) of material from both scholarly and trade literature in a wide variety of content areas such as administration, bio-mechanics-kinesiology, coaching, curriculum, facilities, history, law, patents, philosophy, research, activities, sports, sports medicine, teaching methods, and training. Updated monthly. An online thesaurus is available. Provided by CSA.

SPORTDiscus – offers comprehensive, bibliographic coverage of sport, fitness and related references from journal and magazine articles, books, book chapters, conference proceedings and more. Provided by the Sport Information Centre.

General:

Academic search premier (1965 -). Updated daily. Largest academic multi-disciplinary database with full-text for 4,600 scholarly publications, including 3500 peer-reviewed journals. Offers indexing and abstracts for 8,040 journals on nearly every area of academic

Kraus Curriculum Development Library -- a resource for educators to implement educational strategies and improve learning. This searchable database of curricula, frameworks, and standards brings together educational objectives, content, instructional strategies, and evaluative techniques for all subjects covered in PreK-12 and Adult Basic Education.

Periodicals: a representative sample includes

International Electronic Journal of Health Education. (2001-). Peer reviewed. URL: <http://www.aahperd.org/iejhe/> Note: currently provided as a free service to health education professionals and students by the American Association of Health Education.

Journal of Leisure Research. Electronic full text in Academic Search Premier from 1992 to the present. Published by the National Recreation and Park Association.

Journal of Physical Education, Recreation and Dance. Electronic full text in ProQuest Education Journals from 1988 to present. Published by the American Alliance for Health, Physical Education, Recreation and Dance.

Journal of Teaching in Physical Education: JTPE. Electronic full text in Professional Development Collection from 1997 to the present. Published by Human Kinetics.

Web-based Resources and Associations (external: access via Web search engines)

American Alliance for Health, Physical Education, Recreation and Dance. URL: http://www.aahperd.org/aahperd/template.cfm?template=aahperd_about.html Note: AAHPERD is an alliance of six national associations and six district associations and is designed to provide members with a comprehensive and coordinated array of resources, support, and programs to help practitioners improve their skills and so further the health and well-being of the American public.

Coaching/Physical Education Resources on the Internet. Maintained by Marsha Keenan, Texas A & M University – Commerce. URL: <http://www.tamu-commerce.edu/library/pe.htm> Note: Websites are divided into six groups: Coaching/Sports, General PE Sites, Associations/Organizations, Health/Nutrition, Sports Medicine/Kinesiology, and Sports Centers.